



District Health & Wellness Committee Meeting

February 22, 2024

Virtual Meeting - 3:40 pm

Google Meet joining info

Video call link: <https://meet.google.com/wib-jeru-npy>

Or dial: (US) +1 732-844-3818 PIN: 188 841 084#

I. Reports:

- A. District Updates - Michael Byrd, Deputy Superintendent

- B. Food Services - Erin Wilkes, Director of Food Services
 - Quarterly Menu Review
 - Ark. 6.06.5
 - [Copy of 2/22/2023 Quarterly Menu Review](#)

 - Written Food & Beverage Locally Recommended List
 - Ark. 6.06.7
 - [F & B Local Recommendations SY 23-24](#)

 - Written Recommendations to the School Board Regarding the Components for Food & Beverage Vending Contracts
 - Ark. 6.06.9

- C. Health Services – Vonda Morgan, Director of Nursing

- D. Counseling/Mental Health Services - Emily Taylor, Director of Counseling

- E. Safety & Security Updates - Morris Rothfeldt, Executive Director for Support Services

- F. Spring Fling 5K/Kids Fun Run - Courtney Shepard, President Cabot Country Cruisers
 - March 16, 2024
 - Info: <https://www.cabotschools.org/news/10538/spring+fling+5k++kids+fun+run+2024>
 - Registration: <https://runsignup.com/Race/AR/Cabot/SpringFling5k>

- G. School Health Programs – Kelly Spencer, Health & Wellness Coordinator
 - School Health Index - SY 23-24
 - Special Programs Track and Field - May 16th at Panther Stadium

II. New Business

III. Other Business

May Wellness Committee Meeting - April 25th at 3:40 pm - Virtual Meeting